



# ST. JOHN THE BAPTIST ORTHODOX CHURCH

*A Parish of the American Carpatho-Russian Orthodox Diocese, Ecumenical Patriarchate of Constantinople*



Father Dave Urban, *Pastor*  
 Very Reverend Father John Brancho, *Pastor Emeritus*  
 Subdeacon Ryan Ferko  
 Timothy Martin, *Reader*  
 Matthew Peifer, Stephen Brancho, & John Radick, *Cantors*  
 Lawrence Martin, *Parish Council President*  
[www.facebook.com/pg/St-John-the-Baptist-Orthodox-Church-of-Northside-Pittsburgh-169297619784149](http://www.facebook.com/pg/St-John-the-Baptist-Orthodox-Church-of-Northside-Pittsburgh-169297619784149)

2688 California Avenue, Pittsburgh, Pa 15212  
 412-748-0148, *Talk or Text*  
[OrthodoxPittsburgh1932@gmail.com](mailto:OrthodoxPittsburgh1932@gmail.com)  
[www.OrthodoxPittsburgh.com](http://www.OrthodoxPittsburgh.com)  
*Instagram:* SJB\_Orthodox\_Pittsburgh  
*Twitter:* @SJB\_OrthodoxPGH

## SERVICES FOR THE WEEK

*please wear masks following the CDC guidelines*

### SUNDAY, AUGUST 1

6<sup>th</sup> Sunday after Pentecost  
 Commemoration of the Holy Fathers of the  
 First Six Ecumenical Councils  
 Venerable Macrina  
 9:30 am Reader's Service

### MONDAY, AUGUST 2

FEAST OF THE HOLY GLORIOUS PROPHET ELIAS

### SUNDAY, AUGUST 8

7<sup>th</sup> Sunday after Pentecost  
 Hiermartyr Hermolaus  
 9:30 am Divine Liturgy  
 Epistle: Romans 15:1-7  
 Gospel: Matthew 9:27-35  
 Tone 6; Liturgical Color: **Gold**  
 Panachida for +Joseph Olas, The Priest  
 (54-year), +Mary Spirnak (38-year today),  
 +John Hriecenak, The Priest (21-yr), +Ruth  
 Metil (1-year), +Olga Radick (9-month),  
 +George Livanos, the Priest (40-day)  
 Annual Blessing of Chariots (*Cars, Trucks,*  
*Boats, Bicycles, and other modes of*  
*transportation*)

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**Future Services** are listed on our online "Parish Calendar" which is continually updated at:

[www.orthodoxpittsburgh.com/parish-calendar](http://www.orthodoxpittsburgh.com/parish-calendar)

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**Live-Broadcast** – If you are unable to attend church on Sunday morning, please pray along with our Cathedral's services online at **9:00 am**.

[www.acrod.org/organizations/cathedral/live/](http://www.acrod.org/organizations/cathedral/live/)

## BULLETIN BOARD ANNOUNCEMENTS

*(Please have submissions to Fr. Dave by Wed.)*

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**Annual Blessing of Chariots** - Immediately following the Divine Liturgy **next Sunday, August 8<sup>th</sup>**, we will head to the streets for the annual blessing of vehicles. *We bless vehicles in honor of the Feast of the Holy Prophet Elias who was carried to heaven in a fiery chariot.* Please plan to go to your vehicle, open the hood & doors, and wait near your car. Fr. Dave will go to each vehicle and bless it with Holy Water.



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**Update** - The Garage Sale will be from **August 13-15:** Friday and Saturday from 9am to 3pm and, *new this year*, Sunday from 12-noon to 3pm. **Stewards needed for each day** whether you can offer your time all day or even just for 2 hours, please sign up on the sheet in the hall as we prepare for the return of our garage sale.

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**New School Year Blessing** – We will have additional prayers on Sunday, **August 15<sup>th</sup>** for students and teachers who are going back to school. *(If you are leaving for college prior to 8/15, please let Father Dave know ASAP.)*

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*Monday's Spiritual Vitamin:*

"If you make peace with yourself, heaven and earth will make peace with you." +St. Isaac of Syria

## A WARM WELCOME TO OUR VISITORS!

**Glory be to Jesus Christ!**

*(responded with: **Glory be forever!**)*

**Slava Isusu Christu! (Slava na viki!)**

We are happy that you have joined us today! It is our pleasure to have you in our presence this morning and we wish God's Blessings to all who visit with us today and hope you stop again soon! If you have any questions in regards to our worship or Orthodoxy, please see Fr. Dave.

## BULLETIN IS OFFERED:

If you wish to sponsor a bulletin In Honor of (anniversary, birthday, etc.) or In Memory of someone, please do so by signing up on the sheet in the church hall or by contacting Fr. Dave (email, text, or call). An additional stewardship offering to the Church is requested.

## August: The Month of Special Blessings! –

Live Orthodoxy and plan ahead for the many special blessings that are scheduled for the upcoming Sundays this month:

**Aug. 8<sup>th</sup>:** Blessing of Chariots

**15<sup>th</sup>:** the Lesser Blessing Water, the Blessing of Honey, & the Blessing of Students and Teachers

**22<sup>nd</sup>:** Blessing of the First-Fruits (& vegetables)

**29<sup>th</sup>:** Blessing of Flowers and Herbs

**August is full of blessings! Orthodoxy is awesome! We are in this together - let's focus on the blessings in our lives!**

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**Speaking With Your Priest** - *Please know you can call me anytime if there is something troubling you. It is not a sign of weakness to share something that may be heavy on your heart or mind. As a priest and Father to our parish, I am here for you. Please call if you need someone to listen or to pray with you. Every heart has a cross and you do not need to carry it alone. Please also call if you have an idea for the growth of our parish. I am praying for you and am grateful for your prayers. With love in Christ, Fr. Dave*

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**Did you get behind?** - *If you by chance got behind in your weekly stewardship offerings to the church, please catch up as we are approaching our "fiscal" year-end in August.*

*Tuesday's Spiritual Vitamin:*

"Resolve to step upon the path that is strait and sorrowful and labor in silence, that when the hour of death and departure comes thou wilt not be found unprepared." Venerable Ephraim of Syria

## OUR STEWARDSHIP GIFTS TO GOD

Stewardship:	\$ 269
Candles/Eternal Lamp Offerings:	\$ 95
Envelope Stewardship:	\$ 330
Community Outreach:	\$ 220
<b>Total Collections:</b>	<b>\$ 914</b>
<b>Relocation Fund:</b>	<b>\$ 250</b>
<i>(\$200 In Memory of +Viola Peifer)</i>	

*In faith that God provides:*

"And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, 'He scatters abroad, he gives to the poor; his righteousness endures for ever.'" – 2 Cor. 9:8-9

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## Weekly Candle Intentions / Memorials

were offered last week by Nelson Family; Tim Martin; Shuster Family; Mary Jane Hudak; Patty Watson; Gogal Family; Cindy Pavilonis

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**"I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life."** - John 8:12

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**The Eternal Lamp** was offered last week by Matt Peifer, in memory of Parents, +Jack & +Viola Peifer, May Their Memory Be Eternal! and by Cindy Pavilonis, for Andrew Knalls 1<sup>st</sup> Birthday, Many Years!

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**Weekly Offerings to God** – During this time, if you are not yet coming to the church, we request that weekly donations be mailed to Tim Martin (2225 McAleer Rd., Sewickley, PA 15143)



**On-Line Giving** is now available from our parish website! The best option is to come to church and give your offering to God in His Temple (2<sup>nd</sup> best is to mail it in). Now you can also donate from your home and set up a recurring donation to the:

- ✧ General Stewardship Fund,
- ✧ Capital Improvement Fund, or
- ✧ Relocation Fund.

If you miss coming to church for a week, this allows you another option to “catch up” on your weekly stewardship. For our parish to continue it’s ministries, outreach, and general bill paying, we need your generosity to continue.

*Wednesday’s Spiritual Vitamin:*

“Never confuse the person, formed in the image of God, with the evil that is in him: because evil is but a chance misfortune, an illness, a devilish reverie. But the very essence of the person is the image of God, and this remains in him despite every disfigurement” +St. John of Kronstadt

**ORTHODOXY AROUND THE ‘BURGH  
AND OUR DIOCESE**

**Monastery Visit:** All are invited to the Nativity of the Theotokos Monastery and honor the memory of Gerontissa Taxiarchia, the first Gerontissa (Abbess) of their Monastery on **Saturday, August 7<sup>th</sup>**. Services begin at 9:00 a.m. and lunch will be offered following Divine Liturgy at their outdoor Pavilion. During the day, tours will be offered of the construction site of their new Monastery. (Progress can be followed at: [www.NativityoftheTheotokosMonastery.org](http://www.NativityoftheTheotokosMonastery.org)) Please come with family and friends and spend the day at the Monastery located at 121 St. Elias Lane, Saxonburg, PA 16056 (724.352.3999). Browse their icons and handiwork that will be for sale, pastries, as well as frappes at their cafe.



**Virtual Trek4Missions is back!** The Orthodox Christian Mission Center (OCMC) invites you to take up your cross for our 2<sup>nd</sup> annual virtual fundraiser which will begin on the (*New Calendar*) Feast of the Glorification of St. Herman of Alaska **August 9<sup>th</sup>** and conclude on **September 17**.

*The 2021 Virtual Trek4Missions is an opportunity for individuals and parish communities to unite and demonstrate our commitment to Christ’s Great Commission “to make disciples of all nations” (Matthew 28:19).* Plan to walk, run, ride your bike, and more to show your support for Christ’s call to each of us.

If anyone is interested in spearheading and leading a local team (last year’s team name was **Pittsburgh Forerunners**), please contact Fr. Dave so that we can begin together on August 9<sup>th</sup>. Talk to your teammates from last year and get the band back together! Everyone who registers will receive a FREE Trek4Missions t-shirt! There are NO FEES to register, and shirts are guaranteed.

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**SPF50 (Scripture, Prayer, Family): A Diocese Family Ministry** - The 7<sup>th</sup> Edition of SPF50 is available! As you are aware, praying together and reading Scripture together are pillars of a Christ-centered Orthodox Christian family. While families may desire to have these activities in their home, they may not be sure how to start. SPF50 intends to help our families bridge that gap. (*If you are already participating, please contact Fr. Dave.*) If you did not start with us last year, consider joining now! Make a commitment to reading Scripture and Praying together with your family. (*Please contact Fr. Dave to fill out the Commitment Card.*) Visit the Diocesan SPF50 web page at [www.acrod.org/ministries/acrod-family/spf50](http://www.acrod.org/ministries/acrod-family/spf50) to find out more about SPF50 and how to help your family read Scripture and Pray together at home.

*Thursday’s Spiritual Vitamin:*

“Let there always be a preponderance of mercy with you, even though you don’t feel such mercy in yourself, as God has for the world ... A cruel and merciless heart is never purified. A merciful man is the doctor of his own soul because as a strong wind from his heart, he drives out the darkness of the passions.” +St. Isaac of Syria

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**A Virtual Young Women’s Encounter (YWE)** has been organized for **August 15-17**. All of our parish daughters, ages 12-18, are encouraged to participate as much as possible in this retreat. Please contact Fr. Dave or email Pañi Eleni Stagon at [acrodywe@gmail.com](mailto:acrodywe@gmail.com) for more information.

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**VISIT OUR DIOCESE ON-LINE**

Diocesan Website: [www.acrod.org](http://www.acrod.org)  
Camp Nazareth: [www.campnazareth.org](http://www.campnazareth.org)  
FB: [www.facebook.com/acroddioocese](https://www.facebook.com/acroddioocese)  
Twitter: [twitter.com/acrodnews](https://twitter.com/acrodnews)  
YouTube: [youtube.com/acroddioocese](https://youtube.com/acroddioocese)

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**SUNDAY’S SCRIPTURE READINGS**

*Epistle: Romans 12:6-14*

<sup>6</sup> Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; <sup>7</sup> if service, in our serving; he who teaches, in his teaching; <sup>8</sup> he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

**Marks of the True Christian**

<sup>9</sup> Let love be genuine; hate what is evil, hold fast to what is good; <sup>10</sup> love one another with brotherly affection; outdo one another in showing honor. <sup>11</sup> Never flag in zeal, be aglow with the Spirit, serve the Lord. <sup>12</sup> Rejoice in your hope, be patient in tribulation, be constant in prayer. <sup>13</sup> Contribute to the needs of the saints, practice hospitality.

<sup>14</sup> Bless those who persecute you; bless and do not curse them.

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*Epistle: Hebrews 13:7-16 (for Holy Fathers)*

<sup>7</sup> Remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. <sup>8</sup> Jesus Christ is the same yesterday and today and for ever. <sup>9</sup> Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. <sup>10</sup> We have an altar from which those who serve the tent have no right to eat. <sup>11</sup> For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. <sup>12</sup> So Jesus also suffered outside the gate in order to sanctify the people through his own blood. <sup>13</sup> Therefore let us go forth to him outside the camp, and bear the abuse he endured. <sup>14</sup> For here we have no lasting city, but we seek the city which is to come. <sup>15</sup> Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. <sup>16</sup> Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

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*Gospel: Matthew 9:1-8*

**Jesus Heals a Paralytic**

<sup>9</sup> And getting into a boat he crossed over and came to his own city. <sup>2</sup> And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, “Take heart, my son; your sins are forgiven.” <sup>3</sup> And behold, some of the scribes said to themselves, “This man is blaspheming.” <sup>4</sup> But Jesus, knowing their thoughts, said, “Why do you think evil in your hearts? <sup>5</sup> For which is easier, to say, ‘Your sins are forgiven,’ or to say, ‘Rise and walk’? <sup>6</sup> But that you may know that the Son of man has authority on earth to forgive sins”—he then said to the paralytic—“Rise, take up your bed and go home.” <sup>7</sup> And he rose and went home. <sup>8</sup> When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

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**Gospel: John 17:1-13 (for Holy Fathers)**  
**Jesus Prays for His Disciples**

**17** When Jesus had spoken these words, he lifted up his eyes to heaven and said, “Father, the hour has come; glorify thy Son that the Son may glorify thee, <sup>2</sup>since thou hast given him power over all flesh, to give eternal life to all whom thou hast given him. <sup>3</sup>And this is eternal life, that they know thee the only true God, and Jesus Christ whom thou hast sent. <sup>4</sup>I glorified thee on earth, having accomplished the work which thou gave me to do; <sup>5</sup>and now, Father, glorify thou me in thy own presence with the glory which I had with thee before the world was made. <sup>6</sup>“I have manifested thy name to the men whom thou gave me out of the world; thine they were, and thou gave them to me, and they have kept thy word. <sup>7</sup>Now they know that everything that thou hast given me is from thee; <sup>8</sup>for I have given them the words which thou gave me, and they have received them and know in truth that I came from thee; and they have believed that thou didst send me. <sup>9</sup>I am praying for them; I am not praying for the world but for those whom thou hast given me, for they are thine; <sup>10</sup>all mine are thine, and thine are mine, and I am glorified in them. <sup>11</sup>And now I am no more in the world, but they are in the world, and I am coming to thee. Holy Father, keep them in thy name, which thou hast given me, that they may be one, even as we are one. <sup>12</sup>While I was with them, I kept them in thy name, which thou hast given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. <sup>13</sup>But now I am coming to thee; and these things I speak in the world, that they may have my joy fulfilled in themselves

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**LIVING ORTHODOXY**

**MODEST ATTIRE: The Importance of Modest Attire for Christians**  
The Old Testament is filled with the image of God’s people being a holy people, set apart. The ancient Israelites were not like their neighbors. Their values and their faith impacted everything about them. They dressed differently than many

of their neighboring pagan tribes. Their worship was centered on the God that had revealed Himself to them and made them His chosen people. Their spiritual and moral views reflected this relationship with the One God Who had entered into communion with them and Who had revealed Divine Truth through the prophets. The Church is the continuation of the Church of the Old Testament and as such, we are the chosen people of God. Our lives should reflect this truth in everything we do and in the moral standards that guide our daily living. These standards of faith should even govern the way we dress. It is not only Orthodox monks and nuns who should hold themselves to dress codes that reflect modesty and purity. We are all called to be a people set apart from this world. Christ’s Kingdom is not of this world and we need to dress in a way that does not bring temptation to others. For the Orthodox Christian, tight and revealing clothing are not appropriate. We should not reserve modest clothing for church services or when making pilgrimages to our monasteries. The center of our being is in the heart and the attention of the mind must be fixed in the heart. What happens in the heart assists us in the battle against the passions and assumes a rational character. Modest attire for the layman is just as important as the robes of a monk in aiding the quest for living a life given over to being, in every way, God’s Chosen People. With love in Christ, Abbot Tryphon

**PRAYER CORNER**

*Our Parish Prayer List for  
Special Intentions and Other Needs*

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**A Prayer For The Sick:** O Christ, You alone are prompt to defend us; quickly visit Your suffering servant **name(s)**. Through the prayers of the Theotokos, deliver **him/her/them** from sickness and bitter pain. Heal **him/her/them** so that **he/she/they** may sing to You and always praise You for You alone love us. Amen.

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**For the Health of...** Fr John P, Pañi Eleanor P, John, Pañi Deborah, Christopher, John, Michelle, Frederick, Fr. Patrick, Joseph, Joanne, Barbara, Brian, Kristina, Sean, Julia, Susan, John, Juliana, Fredrick, Kenneth, Michael, and Roberta ...*through the prayers of St. Nectarios the Wonderworker; St. Luke, the Surgeon; and St. Panteleimon, the Healer.*

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**For the Special Intentions of...** His All Holiness Patriarch Bartholomew, Metropolitan Gregory, Fr. Photios, Fr. Theodore, Deacon Charles, Carlene, Georgia, Eleanora, Mark, Michaleana, Dorell, Elizabeth, Donald, Susan, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Nancy, Andrea, Jason, Tyrone, Sarah, Amee, Joshua, John, Kathryn, Rose, Charles, Justin *our seminarians:* Dylan, Thomas, Nicholas, and Aydin *and our Church Council, Curators, and Relocation Committee:* Lawrence, Matthew, Timothy, Theresa, Rich, Gina, Robert, Jane, Anthony, Mary Jane, Steven, Kenneth, Jillian, John, Wendy, John, Margaret, John, John, Todd *and for those who labor towards our Community Outreaches ...through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel; and the Theotokos and Ever-Virgin Mary.*

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**Patronal Feast Days (Name’s Day):**  
*(contact Fr. Dave with your Patron Saint)*

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**Birthday Prayers for...** Sharon (Lorenzi) Dzadony (8/2), Robert Paieski (8/03), Steven Anton (8/4), Joseph Mainolfi, Jr. (8/4), Nicholas Dzambo (8/5), John Gaydos Jr. (8/6), Rylie Winkler (8/7) ...*May God allow them to grow in peace and love all the days of their lives and may He grant them many and blessed years!*

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**For our Catechumens & Inquirers...** Susan, Marilyn, John ...*through the prayers of St. Paul the Apostle, St. Mary Magdalene, and St. John Maximovitch.*

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**For those preparing for Marriage...** Lauren & Corey, Nicole & Dustin ...*through the prayers of Sts. Adrian & Natalia and all Holy Martyrs.*

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**Anniversary Prayers for...** Steve & Elaine Buhonick (8/6), Robert & Gina Fall (8/6), Ben & Tina Scherer (8/7) ...*May God fill them with His grace that they may continue to live in unity with Him!*

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**For Pregnant Mothers...** Theresa *(due in August)*, Pañi Davina *(September)* ...*through the prayers of St. Anna, the mother of the Virgin Mary, and St. Irene Chrysovalantou.*

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**For those serving in the Armed Forces & Civil Authorities...** Thomas R. Dzadovsky and Trevor Meegan ...*through the prayers of St George, the Great-Martyr & Wonderworker.*

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**For the souls of the newly departed...** +Michael Petitta (7/19), and +George Livanos, the Priest (7/1) ...*May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May their Memory in God be Eternal*

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*Friday’s Spiritual Vitamin:*  
:Keep in mind that it is the enemy that attacked you in order to block your path to salvation, and fight back with a short prayer (it is best to use the Jesus Prayer), patience, labor and obedience.”  
Abbot Nikon Vorobiev

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**DEVOTIONAL PRAYER OF THE WEEK**

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**The Jesus Prayer**  
O Lord, Jesus Christ, Son of God,  
Have Mercy On Me, A Sinner

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### A Prayer for our Diocesan Clergy

O Lord Jesus Christ, Good Shepherd of Your sheep, light the fire of ardent love in the hearts of all Your priests, that they may ever and in all things seek only Your glory. Remember especially, Lord, our Bishop *(name)*, and our spiritual father *(name)*, and all our diocesan clergy, who are laboring in Your vineyard for the salvation of all those whom You have entrusted to them. Make their lives as holy as the word they preach. Keep them from being discouraged. Hear their prayers for our salvation. Give them wisdom and courage to proclaim Your truth. Make them priests after Your own heart. For You are a merciful God Who loves us and to You we give glory, together with Your eternal Father and Your all-holy, good and life-giving- Spirit, now and ever and forever. Amen.

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\* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our Parish List. The words of the Gospel are true: **it is good to pray for one another**. Let this be a place where we lay out our concerns and beg the help of our brothers & sisters in Christ. *This prayer list is NOT limited to only Orthodox Christians.*

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### LIVES OF THE SAINTS

#### The Commemoration of the Holy Fathers of the First Six Ecumenical Councils

*Commemorated on the Sunday closest to July 29/16*

The Holy Fathers of the first six ecumenical councils are honored on this Sunday. The councils were always called together for a particular reason: to make the Church's teaching and position clear to the world, especially in the face of heresy. Any false teachings, even though they might have seemed harmless at face value, were regarded as poison that could potentially

lead people down the wrong path. These Holy Fathers of the Church, our "lights upon the earth," helped to establish for us a single united faith, rooted in Truth in Christ.

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#### THE MONASTIC MACRINA, SISTER OF SAINTED-HIERARCHS BASIL THE GREAT AND GREGORY OF NYSSA

*Commemorated on July 19*

The Monastic Macrina, Sister of Sainted-Hierarchs Basil the Great and Gregory of Nyssa, was born in Cappadocia at the beginning of the IV Century. Her mother, Emilia, saw in a dream an Angel, naming her yet unborn one Thekla, in honour of the holy First-Martyress Thekla. Saint Emilia (Emily, Comm. 1 January) fulfilled the will of God and named her daughter Thekla. Another daughter that was born they named Macrina, in honour of a grandmother, who suffered during the time of persecution against Christians under the emperor Maximian Galerius.

Besides Macrina, in her family were nine other children. Saint Emila herself guided the upbringing and education of her elder daughter. She taught her reading and writing in the Scriptural books and Psalms of David, selecting those examples from the Sacred books, which instructed of a pious and God-pleasing life. Saint Emilia trained her daughter to attend church services and make private prayers. Macrina was likewise taught the proper knowledge of domestic governance and various handicrafts. She was never left idle and did not participate in childish games or amusements.

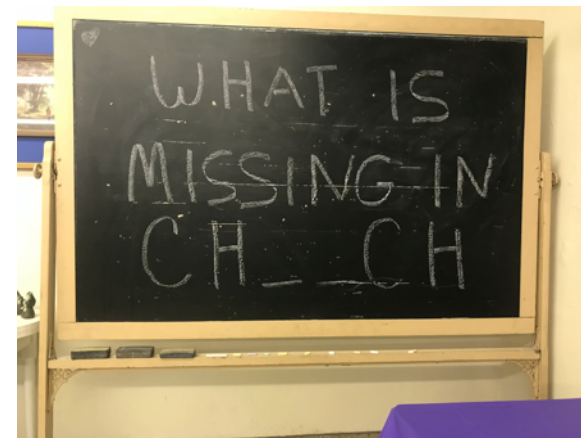
When Macrina grew up, her parents betrothed her to a certain pious youth, but the bridegroom soon died. Many young men sought marriage with her, but Macrina refused them all, having chosen the life of a virgin and not wanting to be unfaithful to the memory of her dead fiancée. The Monastic Macrina lived in the home of her parents, helping them fulfill the household tasks as an overseer together with the servants, and she carefully followed after the upbringing of her younger brothers and sisters. After the death of her father she became the chief support for

the family.

When all the children grew up and left the parental home, Saint Macrina convinced her mother, Saint Emilia, to leave the world, to set their slaves free, and to settle in a women's monastery. Several of their servants followed their example. Having taken monastic vows, they lived together as one family, they prayed together, they worked together, they possessed everything in common, and in this manner of life nothing distinguished one from another.

After the death of her mother, Saint Macrina guided the sisters of the monastery. She enjoyed the deep respect of all who knew her. Strictness towards herself and temperance in everything were characteristic of the saint over the course of all her life. She slept on boards and had no possessions. Saint Macrina was granted a gift of wonderworking. There was an instance (told by the sisters of the monastery to Saint Gregory of Nyssa after the death of Saint Macrina), when she healed a girl of an eye-affliction. Through the prayers of the saint, at her monastery in times of famine there was no shortage of wheat, necessary for the use of the sisters.

Saint Macrina died in the year 380, after a final sigh of exalting prayers of thanks to the Lord for having received of Him blessings over all the course of her life. She was buried in the same grave with her parents.



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#### Saturday's Spiritual Vitamin:

"Pray, my brethren, to the Theotokos, the Mother of God, when the storm of enmity and malice bursts forth in your house. She, Who is all-merciful and all-powerful, can easily pacify the hearts of men."

+St. John, Wonderworker of Kronstadt  
My Life in Christ p.179

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