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Volume VI

## 8<sup>th</sup> Sunday after Pentecost:

## Feast of the Holy Glorious Prophet Elias (Elijah) (9th c. B.C.)

Liturgical Color: **Gold**

Epistle: 1 Corinthians 1:10-18 / James 5:10-20; Gospel: Matthew 14:14-22 / Luke 4:22-30

*Panachida for the newly departed*

*Annual Blessing of Chariots (Cars, Trucks, Boats, Bicycles, and other modes of transportation)*



## ONLINE SERVICES, SAINTS, & READINGS FOR THE WEEK

*(At this time, we will ONLY have Sunday morning services on the North Side.)*

**Here Is Our Cathedral's Online Schedule Of Services** ([www.acrod.org/organizations/cathedral/live/](http://www.acrod.org/organizations/cathedral/live/)):

**Sunday: 9 am Divine Liturgy**

**Saturday: 6 pm Great Vespers**

*The opportunity for the Holy Mystery of Confession is available following Sunday Liturgy AND by appointment.*

Monday	Prophet Ezekiel (6th c. B.C.)	1 Corinthians 11:31-12:6	Matthew 18:1-11
Tuesday	Holy Myrrh-bearer Mary Magdalen (1st c.)	1 Corinthians 12:12-26	Mt 18:18-22, 19:1-2, 13-15
* Wednesday	Martyr Trophimus (305)	1 Corinthians 13:4-14:5	Matthew 20:1-16
Thursday	Martyr Christina of Tyre (300)	1 Corinthians 14:6-19	Matthew 20:17-28
* Friday	The Dormition of the Righteous Anna, mother of the Most Holy Theotokos	1 Corinthians 14:26-40	Matthew 21:12-14, 17-20
Saturday	Venerable Moses the Hungarian (1043)	Romans 14:6-9	Matthew 15:32-39

*\* Weekly Fasting Days: Let Us Imitate Christ & The Saints & Fast As They Did!*

August 9 – 9<sup>th</sup> Sunday after Pentecost; Holy Great-martyr and Healer Panteleimon (305)

9:15 – Third Hour; 9:30 – Divine Liturgy

Tone 8

Liturgical Color: **Gold**

Epistle: 1 Corinthians 3:9-17; Gospel: Matthew 14:22-34

### *Panachida for the newly departed*

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## A Warm Welcome To Our Visitors!

**Glory be to Jesus Christ!** *(responded with: **Glory be forever!**)*

**Slava Isusu Christu! (Slava na viki!)**

**We are happy** that you have joined us today! **Please join us downstairs** for coffee and a bite to eat. It is our pleasure to have you in our presence this morning and we wish God's Blessings to all who visit with us today and hope you stop in again soon! **If you have any questions** in regards to our worship or Orthodoxy, please see Father Dave and he will gladly answer any of your questions to the best of his ability. He looks forward to meeting you!

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***This Bulletin Is Offered:***

In Congratulations to  
Mallory Ann and  
Jonathan Knoll  
on the birth of their son,  
Andrew Lino.  
Many Years!

## SUNDAY'S SCRIPTURE READINGS

*"Of all the afflictions that burden the human race, there is not one, whether spiritual or bodily, that cannot be healed by the Holy Scriptures." +Saint John Chrysostom*

**Epistle:** James 5:10-20

<sup>10</sup> As an example of suffering and patience, brethren, take the prophets who spoke in the name of the Lord.

<sup>11</sup>Behold, we call those happy who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful.

<sup>12</sup> But above all, my brethren, do not swear, either by heaven or by earth or with any other oath, but let your yes be yes and your no be no, that you may not fall under condemnation.

## The Prayer of Faith

<sup>13</sup> Is any one among you suffering? Let him pray. Is any cheerful? Let him sing praise. <sup>14</sup> Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; <sup>15</sup> and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. <sup>16</sup> Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. <sup>17</sup> Eli'jah



was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth.

<sup>18</sup> Then he prayed again and the heaven gave rain, and the earth brought forth its fruit.

<sup>19</sup> My brethren, if any one among you wanders from the truth and some one brings him back, <sup>20</sup> let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

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**Gospel:** Luke 4:22-30

<sup>22</sup> And all spoke well of him, and wondered at the gracious words which proceeded out of his mouth; and they said, "Is not this Joseph's son?" <sup>23</sup> And he said to them, "Doubtless you will quote to me this proverb, 'Physician, heal yourself; what we have heard you did at Capernaum, do here also in your own country.'" <sup>24</sup> And he said, "Truly, I say to you, no prophet is acceptable in his own country." <sup>25</sup> But in truth, I tell you, there were many widows in Israel in the days of Eli'jah, when the heaven was shut up

three years and six months, when there came a great famine over all the land;<sup>26</sup> and Eli'jah was sent to none of them but only to Zar'ephath, in the land of Sidon, to a woman who was a widow.<sup>27</sup> And there were many lepers in Israel in the time of the prophet Eli'sha; and none of them was cleansed, but only Na'aman the Syrian."<sup>28</sup> When they heard this, all in the synagogue were filled with wrath.<sup>29</sup> And they rose up and put him out of the city, and led him to the brow

of the hill on which their city was built, that they might throw him down headlong.<sup>30</sup> But passing through the midst of them he went away.

"Try, then, to remember unceasingly all the blessings that have been given to you by God." +St. Mark the Ascetic



PARISH BULLETIN BOARD ANNOUNCEMENTS



(Please have submissions for this section to Father Dave by Wednesday.)

**New School Year Blessing** – Though many schools will start with virtual classes, we still need to prepare for it! We will have additional prayers soon for those who are going back to school. **When are our college students leaving?** Please let Father Dave know ASAP. We would also like to include any TEACHERS for the blessing.

- A Few Quick Reminders & Updates:**
- ✓ If you are going to have surgery or having flu-like symptoms, please contact Father Dave
  - ✓ Sunday Divine Liturgy Services **ARE OPEN** with 23 “spots” for those of the same household to sit at. Plenty of room to safe-distance at this time!
  - ✓ With that said, “Reservations” are **NO LONGER** Requested at this time.
  - ✓ If you are not comfortable at this time to return to church, we understand, but please let Father know.
  - ✓ A Facemask covering your nose and mouth must be worn in the church.
  - ✓ Candles should be lit with a lighter that you bring from home. (It is a pious Orthodox tradition to say your prayer (intention) when lighting your candle for the living and your candle for the departed.)

Please continue to pray along with the cathedral services when you are not able to attend. Through God’s strength and guidance we will get through this together!

**Cathedral Live-Broadcast** - Our diocese is blessed with the opportunity to watch our Cathedral’s Divine Liturgy every Sunday at 9am (as well as other services). The best scenario is to attend the Divine Liturgy and receive the Eucharist, but in the current scenario, please take the time Sunday morning and throughout the week to pray with our brothers and sisters via the *live broadcast* on the web. [www.acrod.org/organizations/cathedral/live/](http://www.acrod.org/organizations/cathedral/live/)

Our Stewardship Gifts To God	
Stewardship:	\$ 57
Candles/Eternal Lamp:	\$ 81
Envelopes/Stewardship:	\$ 172
Community Outreach:	\$ 50
<b>Total Collections:</b>	<b>\$ 360</b>
<b>Relocation Fund:</b>	<b>\$ 20</b>
Give Generously: “For they gave according to their means... and beyond their means, of their own free will.” 2 Cor 8:3	

**Weekly Candle Intentions / Memorials** were offered last week by Joanne Nelson; Shuster Family; Tim Martin; Viola Peifer; Eleanor Sanger; Cindy Pavilonis; Kathy Schrmack; Patty Watson; Urban Family.

**“I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life.”**  
- John 8:12

**Candles in Church** – During this time of COVID-19, if you wish for Father to light your weekly candles, please text, email, or call him with your intentions (for the living, departed, or other specific) by Saturday evening. Please mail your candle donation along with your weekly offering to Tim Martin.

**Weekly Offerings to God** – During this time, if you are not coming to the church, we request that all weekly donations be mailed to:  
Tim Martin (2225 McAleer Rd., Sewickley, PA 15143)  
For our parish to continue it’s ministries, outreach, and general bill paying, we need your generosity to continue.

**LOOKING AHEAD LOCALLY**

- ✘ **Friday, August 14** – Dormition Fast Begins
- ✘ **Sunday, August 16** – Lesser Blessing of Water and Blessing of Honey

ORTHODOX WORD OF THE WEEK

**PROPHET** - Descriptive title given to accepted spokespersons of God (or their opposites, “false prophets”); a PERSON who speaks in the name of God. One who proclaims the will of God and/ or

foretells the future, especially the coming and mission of Christ, through the inspiration of the HOLY SPIRIT. (See Dt 18: 18; Acts 28: 25.)

ORTHODOXY AROUND DA ‘BURGH & OUR DIOCESE

**3<sup>rd</sup> Annual Deanery Picnic** – Please save the date for the Deanery Picnic to be held at The Veterans Pavilion at Schenley Park on **Sunday, September 20<sup>th</sup>** from Noon to dusk. *This is pending how things continue in Allegheny County...*

**Visit Our Diocese On-Line**

Diocesan Website: [www.acrod.org](http://www.acrod.org)  
Camp Nazareth: [www.campnazareth.org](http://www.campnazareth.org)  
FB: [www.facebook.com/acroddiocese](https://www.facebook.com/acroddiocese)  
Twitter: [twitter.com/acrodnews](https://twitter.com/acrodnews)  
You Tube: [youtube.com/acroddiocese](https://youtube.com/acroddiocese)



**2020 Virtual Trek4Missions!** The Orthodox Christian Mission Center invites you to take up your cross for our virtual fundraiser during this time of social distancing. We will begin on the Feast of the Glorification of St. Herman of Alaska (*New Calendar: August 9*) and conclude on the Feast of the Elevation of the Life-Giving Cross (*N.C.: September 14*).

Missionary saints throughout our Church's history have demonstrated the responsibility of sharing the Good News of Christ entrusted to them. Like St. Herman of Alaska, Sts. Cyril and Methodios, St. Nicholas of Japan, and countless others, have left the comfort of their homes and dwellings to bring Christ's love to the world. Today, over 1 billion people have never heard of the Gospel message. We are responsible to reach them as a new missionary generation answering the call to take up our cross to the ends of the earth.

Join local parishes and mission supporters nationwide to **virtually complete 60,000 collective miles** to raise funds and awareness for the training and building up of Orthodox missionaries. St. Paul wrote in

his letter to the Romans, "How can anyone preach unless they are sent? As it is written: 'How beautiful are the feet of those who bring good news!'" (Romans 10:15). Whether you are a walker, runner, swimmer, cyclist, or you just like to stay active and can track your miles, you can participate! Help bring the life-transforming Gospel to the world!

The 2020 Virtual Trek4Missions is an opportunity for individuals and parish communities to unite and demonstrate our commitment to Christ's Great Commission "to make disciples of all nations" (Matthew 28:19). Start by forming a team and/or register for the event, then create your own fundraising page with us, and once we begin on August 9, trek on your own terms! The world is our course! Remember to follow your local community's health and safety guidelines during the Trek. There are NO FEES to register, and shirts are guaranteed. Could you help us raise \$100,000!

**\*\*\* IF YOU ARE INTERESTED IN JOINING FATHER DAVE IN HAVING A LOCAL TEAM, PLEASE LET HIM KNOW THIS WEEK.**

For more information, please visit:

[http://secure.ocmc.org/site/TR/Trek4Missions/General?fr\\_id=1080&pg=entry](http://secure.ocmc.org/site/TR/Trek4Missions/General?fr_id=1080&pg=entry)

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## LIVES OF THE SAINTS

Source: [www.orthodoxpittsburgh.com/parish-calendar/orthodox-calendar](http://www.orthodoxpittsburgh.com/parish-calendar/orthodox-calendar) © 1996-2001 by translator Fr. S. Janos

### The Holy Prophet Elias (Ilias) (Elijah)

Commemorated on August 2 / July 20

The Holy Prophet Elias (Ilias) (Elijah) – one of the greatest of the prophets and the first dedicated to virginity in the Old Testament – he was born in Galaadian Thesbia (Tishbe) into the Levite tribe 900 years before the Incarnation of the Word of God.

Sainted Epiphanius of Cyprus gives the following account about the birth of the Prophet Elias:

"When Elias was born, his father Sobach saw in a vision, that handsome men greeted him, they swaddled him in fire and fed the fiery flame". The name Elias (the Lord's strength) given to the infant defined his whole life. From the years of his youth he dedicated himself to the One God, settled in the wilderness and spent his whole life in strict fasting, Divine-meditation and prayer. Called to prophetic service afront the Israelite king Ahab, the prophet became a fiery zealot of the true faith and piety. During this time the Israelite nation had fallen away from the faith of their fathers, they abandoned the One God and worshipped pagan idols, the worship of which was introduced by the impious king Jereboam. An especial advocate of idol-worship was the wife of king Ahab, the paganess Jezebel. The worship of the idol of Baal led the Israelites towards complete moral decay. Beholding the ruin of his nation, the Prophet Elias began to denounce king Ahab for impiety, and exhorting him to repent and turn to the True God. The king would not listen to him. The Prophet Elias then declared to him, that in punishment there would then be neither rain nor dew upon the ground, and the dryness would cease only through his prayer. And indeed, through the prayer of the prophet the heavens were closed, and there befell drought and famine throughout all the land. The nation suffered from the incessant heat and hunger. The Lord through His mercy, seeing the suffering of the people, was prepared to forgive all and send rain upon the earth, but did not want to annul the words of the Prophet Elias, sorrowed with the desire to turn about the hearts of the Israelites to repentance and return them to the true worship of God. Having saved the Prophet Elias from the hands of Jezebel, the Lord during this time of tribulation sent him into a secret



place of the stream Horath. The Lord ordered rapacious ravens to bring food to the prophet, moving him to pity for the suffering nation. When the stream Horath dried up, the Lord sent the Prophet Elias to Sidonian Sarepta to a poor widow, who suffered together with her children in the expectation of death by starvation. At the request of the prophet she prepared him a bread with the last measure of flour and the

remainder of the oil. Thereafter through the prayer of the Prophet Elias, flour and oil were not depleted in the home of the widow for all the duration of the famine. By the power of his prayer the prophet did another miracle – he resuscitated the dead son of the widow. After the end of three years of drought the Merciful Lord sent the prophet to king Ahab to bring an end to the misfortune. The Prophet Elias gave orders to gather upon Mount Carmel all Israel

and the pagan-priests of Baal. When the nation had gathered, the Prophet Elias proposed the building of two sacrificial altars: one – for the pagan-priests of Baal, and the other – for the Prophet Elias in the service of the True God. "Upon whichever shalt come down upon it fire from the heavens, that one wilt be shewn to have the True God, – said the Prophet Elias, – and all shalt be obliged to worship Him, and if not invoking Him shalt be given over to death". The prophets of Baal rushed off first to offer sacrifice: they called out to the idol from morning till evening, but in vain – the heavens were silent. Towards evening the holy Prophet Elias built up his sacrificial altar from 12 stones – the number of the tribes of Israel; he placed the sacrifice upon the fire-wood, gave orders to dig a ditch around the altar and commanded that the sacrifice and the fire-wood be soaked with water. When the ditch had filled with water, the fiery prophet turned to God with a prayer and asked, that the Lord send down fire from the heavens to teach the wayward and obdurate Israelite people and turn their hearts to Himself. Through the prayer of the prophet there came down fire from the heavens and it fell upon the sacrifice, the wood, the stones and even the water. The people fell down to the ground, crying out: "In truth the Lord is the One God and there is no other besides Him!". Then the Prophet Elias had put to death all the



King Ahab acknowledged his error and repented his sins, but his wife Jezebel threatened to kill the prophet of God. The Prophet Elias fled into the kingdom of Judea and, grieving over his failure to eradicate idol worship, he asked of God his death. An Angel of the Lord came before him, strengthened him with food and commanded him to go upon a long journey. The Prophet Elias went for forty days and nights and, having arrived at Mount Horeb, he settled in a cave. Here after a terrible storm, an earthquake and a burst of flame the Lord appeared "in a quiet wind" (3 Kings 19: 12) and revealed to the grieving prophet, that He preserved seven thousand faithful servants who were not worshippers of Baal. The Lord commanded the Prophet Elias to anoint Elisei (Elisha) unto prophetic service. Because of his fiery zeal for the Glory of God the Prophet Elias was taken up alive to Heaven on a fiery chariot. The Prophet Elisei (Elisha) began with the testimony of the ascent of the Prophet Elias to the heavens on a fiery chariot and received together with his fallen-down mantle (cloak) a gift of prophetic spirit

LIVING ORTHODOXY

Such a majestic figure as the Prophet Elijah holds an essential place in the history of not only Christianity but also Islam, Judaism, and even paganism. He was the one who resisted wickedness and idol worship. According to Orthodox traditions, Elijah ascended to heaven in a fiery chariot for the pious fulfillment of God's will. Being portrayed in many religious icons as an old man with a white beard, he reflects the deep divine and belief in God. The Prophet Elijah icon encloses a symbolism and all-seeing eye of the Lord.

The Christian Prophet Elijah was born 9 centuries before the birth of Jesus Christ, during the rule of King Ahab, and was mentioned in the Old Testament. During his life, Elijah performed many miracles and spoke on God's behalf. One of the most known miracles that would later be depicted in many icons was the sending of rain to the land after three years of terrible drought. Elijah did it through prayer to the True God and thus saved many people who worshiped pagan gods. It is interesting that according to the Orthodox Church, the Prophet Elijah will be the Forerunner of the Dread Second Coming of Christ.

The iconography of the Prophet Elijah combines symbolic elements that reflect his importance as a participant in the most significant events in the Christian world. One of the most important stories depicted in the Prophet Elijah icon is his life in the cave on Mount Horeb. Because of threats from Queen Jezebel, the prophet had to leave the city. After 40

“Therefore let any one who thinks that he stands take heed lest he fall. No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.” (1 Cor 10: 12-13)

The iconographic tradition portrays the Prophet Elias rising up on a chariot with fiery wheels, which are encircled on all sides with flames and harnessed to four winged horses.

Now you know more about the Prophet Elijah, who is one of the most revered figures in the Christian world. Stay with us for more stories about Christian saints!

"When the righteous cry for help,  
the Lord hears,  
and delivers them out of all  
their troubles.  
The Lord is near to the  
brokenhearted,  
and saves the crushed in spirit."  
*Psalms 34:17-18*

So let me take it easy, and embrace the sober, “middle ground” of patience, faith and humility, – and not be a drama-queen, – whether I find myself in “good” times or “bad.” And by “drama-queen” I mean, in “good” times overdoing it somehow (by overspending, overeating,



overtalking, or over-extending myself in some other way, for the sheer joy and strength I might feel in the moment); or in “bad” times overdramatizing my “temptation,” and forgetting that, after all, as the Apostle reminds me, “no temptation has overtaken you that is not common to man.”

So, “man up,” he’s saying to me, and if you got one flat tire today, don’t slash the other three, but make

the best, and not the worst, of your bad situation. Let me open my eyes to the fact that God is unchangeably “faithful,” even when the “others” in my life (be it people or things) are not. “God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, that you may be able to endure it.”

**Congratulations!** to Mallory Ann and Joseph Knoll and their families on the birth of **Andrew Lino Knoll** born on 8/27 at 8:52 am (8 lb and 20 ¾ in). *“Preserve her and this child which she has borne. Cover her with the shelter of thy wings from this day until her final end, through the prayers of the most Holy Theotokos and of all the saints. Amen”* – from *Prayers for a Woman on the First Day after Childbirth*

PRAYER CORNER

Our Parish Prayer List for Special Intentions & Other Needs

**A Prayer For The Sick:** O Christ, You alone are prompt to defend us; quickly visit Your suffering servant **name(s)**. Through the prayers of the Theotokos, deliver **him/her/them** from sickness and bitter pain. Heal **him/her/them** so that **he/she/they** may sing to You and always praise You for You alone love us. Amen.



*all the days of their lives and may He grant them many and blessed years! Na Mnohaya I Blahaya L'ita!*

**For our Catechumens & Inquirers...** Dustin, Stephen, Daniel, Susan ...*through the prayers of St. Paul the Apostle, St. Mary Magdalene, and St. John Maximovitch.*

**For those preparing for Marriage...** Lauren & Corey, Ashley & Derek ...*through the prayers of Sts. Adrian & Natalia and all Holy Martyrs.*

**Anniversary Prayers for...** Steve & Elaine Buhonick (8/6), Robert & Gina Fall (8/6), Ben & Tina Scherer (8/7) ...*May God fill them with His grace that they may continue to live in unity with Him!*

**For Pregnant Mothers...** Brittany (due in October) ...*through the prayers of St Anna, the mother of the Virgin Mary, & St Irene Chrysovalantou.*

**For those serving in the Armed Forces & Civil Authorities...** Thomas R. Dzadozsky, Devin Meegan, and Trevor Meegan ...*through the prayers of St George, the Great-Martyr & Wonderworker.*

**For the souls of the newly departed...** +George, Nedelkov (7/31), +Anna Mae Gogal (7/22), +Sonia Urban (7/19), +Carol (7/11), +Louis Haynes (7/2), and those who have passed from the coronavirus ...*May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May their Memory in God be Eternal! Vičnaya Pamyat!*

\* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (*in the case of answered prayers*) to our Parish List. The words of the Gospel are true: **it is good to pray for one another.** Let this be a place where we lay out our concerns and beg the help of our brothers & sisters in Christ. *This prayer list is NOT limited to only Orthodox Christians.*

**For the Health of...** Fr. Edward Pehanich, James, Sean, Michael, Kenneth, Wendy, Anthony, Julia, Theresa, Lexi, John, Susan, John, Alexandra D., Pañi Marie, Viola, Juliana, Fredrick, Kenneth, Michael, Roberta, Lino, June, for all those battling viruses ...*through the prayers of St. Nectarios the Wonderworker; St. Luke, the Surgeon; and St. Panteleimon, the Healer.*

**For the Special Intentions of...** Metropolitan Gregory, Susan, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Nancy, Andrea, Jason, Tyrone, Sarah, Amee, Joshua, John, Kathryn, Rose, Charles, Justin *our seminarians:* Thomas, John, Daniel and Dylan *and our Church Council, Curators, and Relocation Committee:* Matthew, Lawrence, Timothy, Theresa, Rich, Gina, Robert, Jane, Anthony, Mary Jane, Steven, Kenneth, Jillian, John, Wendy, John, Margaret, John, John, Todd *and for those who labor towards our Community Outreaches ...through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel; and the Theotokos and Ever-Virgin Mary.*

**Patronal Feast Days (Name's Day):** (please contact Fr. Dave with your Patron Saint)

**Birthday Prayers for...** Sharon Dzadozny (8/2), Robert ‘Bobby’ Paieski (8/03), Steven Anton (8/4), Joseph Mainolfi, Jr. (8/4), Nicholas Dzambo (8/5), John Gaydos Jr. (8/6), Rylie Winkler (8/7), Diane Labas (8/8)...*May God allow them to grow in peace and love*

DEVOTIONAL PRAYER FOR THE WEEK:

A PRAYER FROM THE AKATHIST HYMN TO ALMIGHTY GOD IN TIMES OF SORROW AND DEPRESSION

Save me, O Lord, for I am perishing.  
Behold, my boat is in distress from the temptations of this life's waves and is close to sinking.  
Yet, since You are a merciful God, full of compassion for our frailties, calm by Your almighty Power the distressing waves which seek to sink me and drag me down to the depths of evil.  
May a calm come upon me, for the winds and the sea obey You.  
Amen.