



Saint John the Baptist Orthodox Church

A Parish of the American Carpatho-Russian Orthodox Diocese, Ecumenical Patriarchate of Constantinople

Father Dave Urban, Pastor

Very Reverend Father John Brancho, Pastor Emeritus

Timothy Martin, Reader

Matthew Peifer, Stephen Brancho, & John Radick, Cantors

Matthew Peifer, Church Council President

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FLOWERY (PALM) SUNDAY!

APRIL 12th

GREAT WEEK BEGINS



GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Epistle:

Philippians 4:4-9

Gospel:

John 12:1-18

Place your palm branches
and pussywillows behind

an icon at home

and in your car!

Liturgical Color: **Gold**

ONLINE: Divine Liturgy (Kvitna Nedilja)

SERVED BY PRIEST & CANTOR ONLY with Additional Prayers for COVID-19, Coronavirus

Distribution of Blessed Palms and Pussy Willows will take place after we are able to gather together again

SERVICES, SAINTS, AND READINGS FOR THE HIGHER FAST OF GREAT & HOLY WEEK

Walk With Christ

UPCOMING CATHEDRAL ONLINE SCHEDULE OF SERVICES:

Palm (Flowery) Sunday: 9am – Divine Liturgy / **2:30pm** – Bridegroom Matins

Holy Monday: 9am – Presanctified Liturgy / **7pm** – Bridegroom Matins

Holy Tuesday: 9am – Presanctified Liturgy / **7pm** – Bridegroom Matins

Holy Wednesday: 9am – Presanctified Liturgy / **7pm** – Mystery of Holy Unction

Holy Thursday: 9am – Vespertal Liturgy / **7pm** – Matins of Good Friday (12 Gospels)

Holy & Good Friday: 9am – Royal Hours / **7pm** – Vespers

Holy Saturday: 9am – Vespertal Liturgy / **8pm** – Resurrection Matins

Pascha, the Feast of Feasts: 9am – Paschal Divine Liturgy

Please try and pray with as many online services as you can (www.acrod.org/organizations/cathedral/live/)

Holy Week services on the NS: To Be Determined

Holy Monday Venerable Hypatius the Wonderworker, bishop of Gangra (ca. 360)

Matthew 22:15-23:39 (Bridegroom Matins Gospel); Matthew 24:3-35

Holy Tuesday Venerable Euthymius, monk, of Suzdal (1404)

John 12:17-50 (Bridegroom Matins Gospel); Matthew 24:36-26:2

Holy Wednesday Venerable Titus the Wonderworker (9th c.)

Luke 22:1-39 (Bridegroom Matins Gospel); Matthew 26:6-16

Holy Thursday Venerable Nicetas the Confessor, abbot of Medikion (824)

1 Corinthians 11:23-32; Matthew 26:1-20; John 13:3-17; Matthew 26:21-39; Luke 22:43-45; Matthew 26:40-27:2

MATINS: PASSION GOSPELS: John 13:31-18:1; John 18:1-28; Matthew 26:57-75; John 18:28-19:16;

Matthew 27:3-32; Mark 15:16-32; Matthew 27:33-54; Luke 23:32-49; John 19:25-37; Mark 15:43-47;

John 19:38-42; Matthew 27:62-66

GREAT AND HOLY FRIDAY

APRIL 17th



GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS

CHECK WITH YOUR PARISH FOR

ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet &
Phones to honor Christ's Death.

Holy & Good Friday Venerable Joseph the Hymnographer of Sicily (883)

1 Corinthians 1:18-2:2; Matthew 27:1-44; Luke 23:39-43; Matthew 27:45-54; John 19:31-37; Matthew 27:55-61;

ROYAL HOURS: Galatians 6:14-18; Matthew 27:1-56; Romans 5:6-11; Mark 15:16-41;

Hebrews 2:11-18; Luke 23:32-49; Hebrews 10:19-31; John 18:28-19:37

Holy Saturday Martyrs Theodulus, reader, and Agathopodes, deacon, & those with them at Thessalonica (303)

VESPERS: (1) Genesis 1:1-13; (2) Isaiah 60:1-16; (3) Exodus 12:1-11; (4) The Book of Jonah; (5) Joshua 5:10-

15; (6) Exodus 13:20-15:19; (7) Zephaniah 3:8-15; (8) 1 Kings 17:8-24; (9) Isaiah 61:10-62:5; (10) Genesis 22:1-

18; (11) Isaiah 61:1-9; (12) 2 Kings 4:8-37; (13) Isaiah 63:11-64:5; (14) Jeremiah 31:31-34; (15) Daniel 3:1-23 and

the Song of the Holy Children (Apocrypha). LITURGY: Romans 6:3-11; Matthew 28:1-20

Days of Strict Fasting - Let us Imitate Christ and the Saints and Fast as they did!

FEAST OF FEASTS!

APRIL 19th

NO FASTING!



BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with

"CHRIST IS RISEN!"

& say it before

good morning and goodnight!

ONLINE Divine Liturgy

Liturgical Color: **White**

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A Warm Welcome To Our Visitors!

Glory Be To Jesus Christ! (responded with: **Glory Be Forever!**)

Slava Isusu Christu! (Slava Na Viki!)

We are happy that you have joined us today! **Please join us downstairs** for coffee and a bite to eat. It is our pleasure to have you in our presence this morning and we wish God's Blessings to all who visit with us today and hope you stop in again soon! **If you have any questions** in regards to our worship or Orthodoxy, please see Father Dave and he will gladly answer any of your questions to the best of his ability. He looks forward to meeting you!

This Bulletin Is Offered:

If you wish to sponsor a bulletin
In Honor of (anniversary,
birthday, etc.) or In Memory of
someone, please do so by
signing up on the sheet in the
vestibule of the Church or by
contacting Fr. Dave. An
additional stewardship offering
to the Church is requested.

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SUNDAY’S SCRIPTURE READINGS

“Of all the afflictions that burden the human race, there is not one, whether spiritual or bodily, that cannot be healed by the Holy Scriptures.” +Saint John Chrysostom

Epistle: Philippians 4:4-9

⁴Rejoice in the Lord always; again I will say, Rejoice. ⁵Let all men know your forbearance. The Lord is at hand. ⁶Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.

⁸Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. ⁹What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

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Gospel: John 12:1-18

Mary Anoints Jesus

¹²Six days before the Passover, Jesus came to Bethany, where Laz’arus was, whom Jesus had raised from the dead. ²There they made him a supper; Martha served, and Laz’arus was one of those at table with him. ³Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. ⁴But Judas Iscariot, one of his disciples (he who was to betray him), said, ⁵“Why was this ointment not sold for three hundred denarii [a day’s wage] and given to the poor?” ⁶This he said, not that he cared for the poor but because he was a thief, and as he had the



money box he used to take what was put into it. ⁷Jesus said, “Let her alone, let her keep it for the day of my burial. ⁸The poor you always have with you, but you do not always have me.”

The Plot to Kill Lazarus

⁹When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Laz’arus, whom he had raised from the dead. ¹⁰So the chief priests planned to put Laz’arus also to death, ¹¹because on account of him many of the Jews were going away and believing in Jesus.

Jesus’ Triumphal Entry into Jerusalem

¹²The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. ¹³So they took branches of palm trees and went out to meet him, crying, “Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!” ¹⁴And Jesus found a young ass and sat upon it; as it is written,

¹⁵“Fear not, daughter of Zion;

behold, your king is coming, sitting on an ass’s colt!”

¹⁶His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. ¹⁷The crowd that had been with him when he called Laz’arus out of the tomb and raised him from the dead bore witness. ¹⁸The reason why the crowd went to meet him was that they heard he had done this sign.



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GUEST “SERMON” SNIPPET

The final Sunday before Resurrection marks Christ’s Triumphal Entry into Jerusalem: we have nearly reached the end of the Lenten journey.

We enter Holy Week as our Lord entered the holy city; we see the Cross before us, a somber yet hopeful sign. As we follow Christ’s final days in the Holy Week services, we move ever closer both to His death and to His Resurrection. Because Christ gives so generously of Himself -- on the Cross and in the Eucharist -- we dare to offer ourselves to His service.

As we continue our journey during Holy Week and

beyond, may we imitate first the One who emptied Himself! May we find assurance in His victory over death, placing in him the hope of our salvation!

“Come, all the faithful, let us worship the holy Resurrection of Christ; for behold, through the Cross, joy has come into all the world.” -- Prayer after the Sunday Matins Gospel

This reflection was written by His Eminence Metropolitan Nicolae, Romanian Orthodox Metropolis of the Americas & liaison to IOCC from the Assembly of Canonical Orthodox Bishops of the USA.

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PARISH BULLETIN BOARD ANNOUNCEMENTS



(Please have submissions for this section to Father Dave by Wednesday.)

Having flu-like symptoms? PLEASE KEEP FR. DAVE POSTED OF ANY ILLNESSES SO TO BE ADDED TO OUR PRAYER LIST!

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Holy Week, the Higher Fast – With Great Lent behind us, we sense the nearness of Pascha, the Feast of Feasts! After the ‘bridge’ of

Lazarus Saturday and Palm Sunday, we’ll arrive at the distinct point of Holy Week. It will be time for all of us to “go up to Jerusalem,” sharing in our Lord and Savior Jesus Christ’s Passion, Crucifixion, & triumphant Resurrection! The watchful disposition of the Church is, especially at this time, reflected in the home. Holy Week is a week that calls for prayer,

focus, stamina, and, for most of us, planning and preparation! Arrange your schedules and pray with as many online services as you can! Continued Prayers to you on your spiritual journey - Fr Dave

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Reminders: Please keep up with “The 48 Days to the ‘Great Day’” and continue to drink your Holy Water everyday! (IF you are running low, please contact Fr. Dave)

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“20 seconds” of Prayer – Following the CDC recommendations, as you wash your hands, instead of singing your ABCs, pray! It takes roughly 20-seconds to pray The Lord’s Prayer, sing O Heavenly King, pray Hail Mary (twice), sing You are truly deserving, or say the Jesus Prayer (5 times).



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Weekly Candle Intentions / Memorials
were offered last week by Tim Martin;
Shuster Family; Cindy Pavilonis.

"I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life." - John 8:12

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Candles in Church – If you wish for Father to light your weekly candles, please email or call him with your intentions and mail your candle donation to Tim Martin.



Fear Zone → Learning Zone → Growing Zone
Please share with Father Dave things that you have become grateful for. Anonymous inspirations will be in future bulletins...



Paschal (Easter) Baskets are a 't'radition of the Carpatho-Rusyn (and Slavic) people. These are the items (*the meats and dairy products*) that the church calls for us, with all of our strength, to fast from during the Great Fast. But what if you fasted and abstained from *chocolate? Chewing gum? Pop? Etc....* did you ever think about including some of these in your basket? By doing this, you celebrate the difficulty and temptations that you conquered (*to the best of your abilities*) during the Great Fast! This allows us to reintroduce them into our lives (*in moderation*) and celebrate the Resurrection! Here are some great websites with:

- a description of the items to be placed in the basket: <http://carpatho-rusyn.org/easter.htm>
- recipes for the different items: <http://www.carpatho-rusyn.org/recipes.htm>
- a combination of both: <https://saindy.com/wp-content/uploads/2013/03/how-to-prepare-an-easter-basket.pdf>

With more time at home, here are some tips I have received to spread the cooking out through the week:
Wednesday – Butter mold (*if you use the lamb mold that needs to go in the freezer*)
Thursday – Cheese (Hrutka/Sirets) & Horseradish (Hrin)
Friday – Paska Bread & hard-boiled Eggs
Saturday – Ham, Kielbasa, Bacon (*if they need baked*)
What tips could you share? Please email Father!

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Our Stewardship Gifts To God

Stewardship:	\$ 0
Candles/Eternal Lamp:	\$ 0
Envelopes/Stewardship:	\$ 950
Community Outreach:	\$ 130
Patriarchal Pence:	\$ 55
Total Collections:	\$ 1135
Capital Improvement Fund:	\$ 5
Relocation Fund:	\$ 325

Give Generously: "For they gave according to their means... and beyond their means, of their own free will." 2 Cor 8:3

March Financial Report:

Donation Income = \$ 3,520.36


***Expenses = \$ 5,780.35**

Net Deficit = \$ 2,259.99

**details listed on the church hall bulletin board*

Average at Sunday Divine Liturgies: 37

Weekly Offerings to God – During this time that we are in, we request that all weekly donations be mailed to:

 Tim Martin
2225 McAleer Road
Sewickley, PA 15143

For our parish to continue it's ministries, outreach, and general bill paying, we need your generosity to continue.

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Pascha cover-dish coffee social is POSTPONED until PENTECOST

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Census Forms: If you have not done your census form yet... when you fill it in, check the box for your race then type in or print Carpatho Rusyn. (Not just Rusyn) There is no guarantee the census bureau will lump the two together. Please pass this on to ALL your Carpatho Rusyn friends and family members.

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Theatrical Stage Production of JESUS - Filmed in front of a live audience, JESUS is a state-of-the-art theatrical stage production that has been seen by more than one million people. Witness some of the most awe-inspiring, miraculous events in the gospels as Jesus sets sail with fishermen, challenges the Pharisees, and heals the hurting. From the bustling streets of Jerusalem to the raging Sea of Galilee, experience the greatest rescue story of all time as Sight & Sound Theatres® spectacular original production comes to life in this special worldwide television debut - exclusively on TBN. Available on demand the weekend of **April 10-12 only.** <https://watch.tbn.org/sight-sound-theatres-presents-jesus>

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Now On Instagram (with a new name) (SJB_Orthodox_Pittsburgh) – Our Parish now has an Instagram page! Father will need some time to figure this out, but more details coming soon...



A Song of Trust in God Alone: Psalm 62:5-8

Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

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Praying with online services from your domestic-church - Sunday Liturgies at St. John's will be celebrated **BUT WITH ONLY THE PRIEST AND CANTOR IN ATTENDANCE**. This comes from the Protocol from our Metropolitan. We will pray for our parish and the world. PLEASE watch services online! Here are the words of Fr. Matthew Dutko concerning watching services online:

- "Wake up at the normal time that you always do on a Sunday. If you have kids, wake them up. Shower, get dressed in your Sunday finest and gather together in front of a computer screen.

- Light a candle and burn some incense [if you do not have any, contact Fr. Dave who can recommend online sites to order from]. When the Liturgy begins, pray and sing as you always do.

- Even though you will be in your home-church, don't let the distractions of being in your own home get in the way. For that hour or so, you will be with your parish family in prayer. I know it's not the same, but we will still be praying to our Lord, all together, all at the same time; just like we always do."

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Holy Week from Home – A couple priests in our diocese put together this awesome guide for spending Holy Week at home! Please follow along all next week. www.acrod.org/news/2020-press/holyweekhome

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Cathedral Live-Broadcast - Our diocese is blessed with the opportunity to watch our Cathedral's Divine Liturgy every Sunday at 9am (and other services). The best scenario is to attend the Divine Liturgy and receive the Eucharist, but with these current limitations, please take the time Sunday morning, Wednesday evening, and throughout the week to pray with our brothers and sisters via the *live broadcast* on the web. www.acrod.org/organizations/cathedral/live/

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Pan-Orthodox Live-Streaming Services - Ancient Faith Radio is offering a selection of live, video-streaming services during Great Lent, Holy Week, and Pascha, representing a variety of jurisdictions at: www.ancientfaith.com/live-services

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📖 **LOOKING AHEAD LOCALLY** 📖

✠ *Continuing to Pray*

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ORTHODOXY AROUND DA 'BURGH & OUR DIOCESE



DIOCESE FAMILY MINISTRY - "SPF50"

("Scripture, Prayer, Family"): Praying together and reading Scripture together are pillars of a Christ-centered Orthodox Christian family. While families may desire to have these activities in their home, they

may not be sure how to start. SPF50 intends to help our families bridge that gap.

The next edition of SPF50 will come out on **April 19th**! It will be a digital edition. If you didn't start with us on March 1, **consider joining now**. Make a commitment to reading Scripture and Praying together with your family. Visit the Diocesan Website at www.acrod.org and look for the SPF50 section (<https://www.acrod.org/ministries/acrod-family/spf50>) to find out more about SPF50 and how to help your family read Scripture and Pray together at home.

HOW ARE YOU DOING WITH THIS? PLEASE EMAIL FATHER DAVE. IF YOU DID NOT PICK UP THE INITIAL MATERIALS, PLEASE LET FATHER DAVE KNOW ASAP.

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Purse Bash hosted by St. Nicholas that was scheduled in May has been POSTPONED.

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National ACRY Bowling Tournament scheduled for Memorial Day Weekend to be hosted by Elizabeth, NJ has been CANCELLED.

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Camp Nazareth Updates:

Diocesan Seniors Retreat is rescheduled from

May 12-14 to October 13-15, 2020

Family Camp (June 5-7) is Cancelled

Family Day (June 7) is Cancelled

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Visit Our Diocese On-Line

Diocesan Website: www.acrod.org

Camp Nazareth: www.campnazareth.org

FB: www.facebook.com/acroddiocese

Twitter: twitter.com/acrodnews

You Tube: youtube.com/acroddiocese

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LIVES OF THE SAINTS

Source: www.orthodoxpittsburgh.com/parish-calendar/orthodox-calendar © 1996-2001 by translator Fr. S. Janos

The Holy Prophet Joad

Commemorated on April 12 / March 30

The Holy Prophet Joad came from Samaria and prophesied during the X Century before the Birth of Christ. It gives an account about him in the 13th Chapter of Book 3 of Kings. The prophet was sent by the Lord from Judea to Bethel to denounce the Israelite king Jereboam for polluting his nation with idol-worship. The Lord commanded the prophet: "There neither eat bread nor drink water, nor return upon thine path, whereof thou comest" (3 Kings 13: 9). The prophet Joad appeared to king Jereboam and

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prophesied to him concerning the wrath of the Lord. When the king tried to give a signal with his hand to seize hold of the prophet, his hand suddenly became withered. The king entreated the prophet to pray to the Lord for the healing of his hand, and through the prayer he received healing. Having turned back, the prophet Joad disobeyed the command given him by the Lord, and he tasted of the food put before him by the false-prophet Emba. Because of this the prophet Joad was killed by a lion, but his body remained untouched and was buried near the abode of the false-prophet who led him astray.

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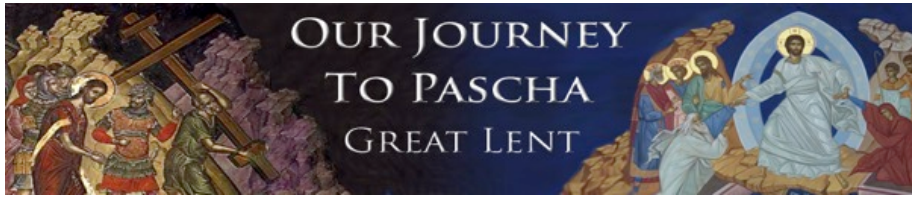
The Divine Shepherd: Psalm 23:1-4

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures. He leads me beside still waters, He restores my soul. He leads me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I fear no evil; for You are with me; Your rod and Your staff, they comfort me.

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LIVING ORTHODOXY



To assist the faithful in making the most of this holy season, additional resources have been added to our Diocesan Website at: www.acrod.org/prayercorner/lentenresources/

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The resource below was taken from:

<https://tending-the-garden.com/holyweek/>

which was found on:

Holy Week 2020: Make the Most of Holy Week

<https://www.y2am.org/holyweek>

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Palm Sunday

Palms or Pussywillows

We're going to need palms or pussywillows, or something like them. What grows in your neighborhood?

If you can find something like long, thin palm leaves (perhaps even a wide, tall blade of grass?), you could [fold Palm Crosses](#)! If you are pretty dextrous and ready for a challenge, consider making some of the [fancier Coptic designs](#).

Bridegroom Services

Figs

On Holy Monday, we look at the fig tree Jesus cursed. Clearly, this is a good day for ripe figs (or treats made with figs, or whatever figgish thing is available on our strangely empty grocery store shelves...) and any other fruits, as we think about "fruitfulness" and the fruits of the spirit.

Oil Lamps

The story of the ten virgins waiting with oil lamps is a beautiful focus point of the Bridegroom Services that open Holy Week. Each person must supply their own oil (signifying loving deeds and merciful actions — *I can't give you my oil, because I cannot give you my experiences, my history of behaving in a Christian way*) so why not make oil lamps? These can burn throughout Holy Week and Pascha, and become the source or the repository for the "Holy Light" with which we light our candles on Pascha! You can use any sort of jar or container, but you'll need either [candle wick and wire](#), or [wick floats](#) — so you may need to order or purchase ahead of time. It's possible that you already know someone who uses oil lamps and has a stash of wicks, who can drop some on your porch before Holy Week.

Holy Wednesday

Holy Unction

Make a prayer list for the Holy Unction service.

The sacrament of Holy Unction cannot be performed at home, but anyone can anoint another person with holy oil and say a prayer for their good health. After your services on Holy Wednesday, consider anointing your family before your icon corner. You'll need holy oil — or you could [make your own sweet smelling oil](#) by adding a scent to olive oil.

Holy Thursday

Mystical Supper

On this day, we commemorate the institution of the Holy Eucharist. Perhaps we could bake prosphora with our families to mark it, and to enjoy the familiar taste of church (without the sacrament, of course). In

addition to flour, salt, yeast and water, you will want a prosphora seal (if that's possible. It's ok if it's not.)

Foot Washing

Very often, on Holy Thursday a priest will wash his altar boys' feet in remembrance of how Christ washed the feet of His apostles. What if the parents washed their children's feet? What if the children washed each other's feet? All you'll need is a basin or bucket, soap, and towels, as well as a kitchen chair on which the person can sit.

Service of the Twelve Gospels

From this service through the Descent from the Cross, display a cross prominently in your icon corner or where you are doing services together. You might use a cross you have on hand, or you might consider building a larger one yourself. Think of the large cross at church on which an icon of Christ can be hung — what if you mounted or positioned an icon of Extreme Humility or of Christ Crucified on that cross? (You could print one from online or find one in an old calendar, perhaps.) You could place this icon on your cross when (in the gospel readings) Christ is hung on the cross, and then remove it when He descends, placing it in His tomb — just like we do in church.

As you pray this service yourself or alongside a live-stream (or simply read the twelve gospel readings together), consider doing something to mark each reading, whether that's lighting a candle or laying a flower at the foot of the cross, or both.

Holy Friday

The Tomb

On Holy Friday, we decorate a tomb with flowers and then place the icon of Christ inside it, marking the time He spent in the tomb. Fr. Vasileios Tsourlis suggested that we might cut large windows in the sides of a cardboard box (leaving the corners as pillars to hold its shape), creating a cardboard tomb! We could decorate it with flowers that we have collected outside, or with flowers that we've made from [tissue paper](#) or construction paper. Then we can use the tomb throughout the weekend, just as we do in church.

Descent from the Cross

If you have Christ's icon on a cross, you'll want to take Him down during this service, and wrap Him in white linens, as Joseph of Arimathea and Nicodemus did. A white sheet or pillowcase would work well for this. Place (the icon of) Christ in His decorated tomb. (If your cross has Jesus on it, you could take down the whole cross, wrap it and place it in the tomb.)

You might spend this afternoon [making some beautiful crosses](#).

Lamentations

You'll want candles for everyone on Holy Friday evening, if possible. If you still have some of the wax catchers you've used in the past, you could reuse them, but if not, consider making some by cutting an X in the base of a disposable cup or small paper circle and pushing a candle through.

On Holy Friday evening, we process with Christ in His tomb (rather like pallbearers at a funeral), heading

For those serving in the Armed Forces & Civil Authorities... Thomas R. Dzadovsky, Devin Meegan,

and Trevor Meegan ...*through the prayers of St George, the Great-Martyr & Wonderworker.*

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For the souls of the newly departed...

+Philip Fall (4/9), +Jack Scherer (4/1), +Phyliss Stienstra (3/28), *mother of Fr. Dcn. Stienstra*, +Harry (3/23), +Ron (3/19), and those who have passed from the coronavirus ...*May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May their Memory in God be Eternal!*
Vičnaya Pamyat!

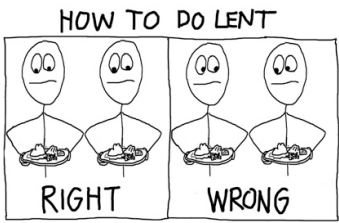
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* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave

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know if you wish to make additions or subtractions (in the case of answered prayers) to our Parish List. The words of the Gospel are true: **it is good to pray for one another.**

Let this be a place where we lay out our concerns and beg the help of our brothers & sisters in Christ.
This prayer list is **NOT** limited to only Orthodox Christians.



DEVOTIONAL PRAYERS FOR THE WEEK:

A PRAYER TO THE MOTHER OF GOD DURING THIS TIME OF THE CORONAVIRUS

With the Blessing of Metropolitan Gregory (ACROD) – 3-31-2020

O Most-Holy Ever-Virgin Mary, Theotokos: receive this heartfelt supplication from us, your unworthy servants. We run to you tearfully, O Sovereign Lady, as this dreadful illness spreads through the whole world. Listen to the much-afflicted sighs of your ailing people and grant healing of soul and body. As a loving Mother, cover your suffering children everywhere with your protecting veil. In times of despair, console the faint-hearted, strengthen the weak, and enlighten those with embittered hearts. Guide the minds and hands of our doctors and nurses, that they may serve as instruments of the all-powerful Physician, Christ our Savior.

You are the strong intercessor for our city, our country, and the whole world, O Queen of All. Present our prayers before the throne of the King of Glory, your Son and our God, that He may be merciful towards us and grant His grace to those who honor you and bow before your holy icon with faith and love.

O joy of the sorrowful and consolation of the afflicted, stretch out your hands which are full of health and cures, so that having quickly received your wondrous help, we may glorify the Life-giving and Undivided Trinity: the Father and the Son and the Holy Spirit, now and ever and unto ages of ages.

Amen.

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THE PRAYER OF SAINT EPHRAIM THE SYRIAN

in the Ruthenian tradition as found in St. Peter Mogila's 1639 Liturgikon (Sluzhebnik)

O Lord and Master of my life, take from me the spirit of laziness, despair, lust for power, and vain talking. + **[Prostration]**

But give to me, Your servant, the spirit of purity, humility, patience, and love. + **[Prostration]**

Yes, Lord and King, grant me to see my own sins, and not judge my brother, for blessed are You forever and ever. Amen. + **[Prostration]**

The following triplet is recited 4 times (making a total of 12 bows):



O God, be merciful to me, a sinner. **[bow]**

O God, cleanse me of my sins and have mercy on me. **[bow]**

O Lord, forgive me, for my sins are many. **[bow]**



Then the prayer again with only one prostration:

O Lord and Master of my life, take from me the spirit of laziness, despair, lust for power, and vain talking. But give to me, Your servant, the spirit of purity, humility, patience, and love. Yes, Lord and King, grant me to see my own sins, and not judge my brother, for blessed are You forever and ever. Amen. + **[Prostration]**