

+

Weekly Candle Intentions / Memorials were offered last week by Viola Peifer; Tim Martin; Shuster Family; Lawrence Martin; Michael Puhac; Joanne Nelson; Patty Watson; Cindy Pavilonis; Mary Ann Brady.

"I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life." - John 8:12

The Eternal Lamp was offered last week by John Gaydos, Jr., in Memory of Mother, Catherine. May Her Memory Be Eternal! Vičnaya Pamyat!

+++ +++ +++



Pittsburgh Deanery Lenten Mission: Confession, Service, & Fellowship
Each Sunday Vespers begins at **3:00 pm** with Confessions heard beginning at **2:15 pm**.
A light meal is offered after the service.

March 15 – Ambridge; homilist: Seminarian Dan Katz

March 22 – East Pittsburgh; homilist: Fr. Nik Ferencz

March 29 – North Side; homilist: Fr. Joseph Fester

April 5 – Rankin; homilist: Fr. Vincent Dranginis

All are encourage to attend our Lenten Missions throughout the Great Fast! **Pray with our Pittsburgh Deanery & see our sister parishes!**
[see below about the retreat in Homestead on 3/28]

+++ +++ +++



Home Blessing Update:

19 homes (492 miles) and 4 scheduled

Due to Fr. Dave's time lost from a couple recent illnesses, he will continue to bless homes during the Great Fast. (last year on Meatfare Sunday he had 40 homes already blessed...) **Please talk with Fr Dave today to schedule yours.** He is interested in visiting with EVERYONE. Please grab Father when he has his calendar (a.k.a. his phone) or email him to schedule.

+++ +++ +++

Anonymous \$10,000 Donor – Thank You! Last week the parish received a generous \$10,000 anonymous donation to the General Funds of the Parish. May God grant you many years!

"When you give alms, do not let your left hand know what your right hand is doing, so that your alms may be in secret; and your Father who sees in secret will reward you." (Matthew 6:3-4)

+++ +++ +++



ACRY NEWS



Pill Bottle Collection – Our ACRY continues it's outreach to "Matthew 25: Ministries" who accepts donations of **CLEAN AND EMPTY** plastic medicine pill bottles for inclusion in shipments of medical supplies to countries in need. **PLEASE MAKE SURE THE LABEL IS REMOVED AND IT IS NOT STICKY.** Our pill bottle program fulfills the dual needs of improving medical care in developing countries and caring for our environment. *More information is on the bulletin board in the church hall.*

+++ +++ +++

Coffee Social Steward Schedule

March 1: **Open / Meatless Potluck**

March 8: **Open / Meatless Potluck**

March 15: **Open / Meatless Potluck**

The Divine Liturgy concludes at the final blessing, but the liturgy continues downstairs as we gather in love and fellowship with our parish family and visiting neighbors. (Everyone is also encouraged to help clean up after.) Thank you to all those who support and keep this critical ministry alive in our parish!

Our Stewardship Gifts To God

Stewardship:	\$ 70
Candles/Eternal Lamp:	\$ 141
Envelopes/Stewardship:	\$ 365
Total Collections:	\$ 576
Relocation Fund:	\$ 290

Give Generously: "For they gave according to their means... and beyond their means, of their own free will." 2 Cor 8:3

Reader of the Third Hour:

March 1: *Available to you*

March 8: *Available to you*

March 15: John Kirish

This should begin by 9:15 and can be read or chanted. Please contact Fr Dave if you are interested in participating in this wonderful stewardship prayer opportunity!

Congratulations! to Fr. Nicholas and Pañi Stacey Mihaley and their families on the birth of Azariah Noah Mihaly born on 2/20 at 3:28 am (7 lb 1 oz and 19.5 in). Many Years!

+++ +++ +++

Snowed In? Physically unable to make it to church? – Our diocese is blessed with the opportunity to watch our Cathedral's Divine Liturgy every Sunday at 9am. Of course, the best scenario is to attend the Divine Liturgy and receive the Eucharist. When limitations occur, please take the time Sunday morning to pray with our brothers and sisters via the web at www.acrod.org/organizations/cathedral/live/ to watch the *live broadcast*.

+++ +++ +++

All-Soul Saturdays (Zadušna Subota) –



The remaining All-Soul Saturday Liturgies with Panachidas for 2020 will be on **March 14th, March 21st, March 28th, April 6th, and June 6th**. On these days, we especially pray for the departed loved ones of our families. If you are not working on a Saturday, come to church and pray with us, light two candles (*one for the living and one for the departed*), and remember your departed loved ones. Please inform Fr Dave if there are any additions to be made to the Commemoration Diptychs (*Hramoty*) from last year. Offering Envelopes and cards are available in the vestibule.

+++ +++ +++

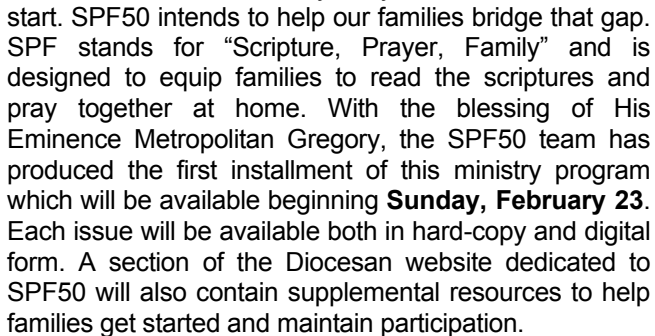
LOOKING AHEAD LOCALLY

- ✧ **Monday, March 2 – the start of Great Lent – "CLEAN WEEK" Begins** – 9:30am The Great Canon of St. Andrew (I)
- ✧ **Tuesday, March 3** – 9:30am The Great Canon of St. Andrew (II)
- ✧ **Wednesday, March 4** – 9:30am The Great Canon of St. Andrew (III);
6 pm – Presanctified Liturgy at the Hampton Inn
- ✧ **Thursday, March 5** – 9:30am The Great Canon of St. Andrew (IV)
- ✧ **Sunday, March 8** – 4:30 Pan-Orthodox Lenten Vespers at Holy Trinity (*details in "Around da Burgh"*)
- ✧ **Wednesday, March 11** – 9:30 Lenten 3rd Hour with reading of the Kathisma (*Book of Psalms*)
6 pm – Presanctified Liturgy at the Hampton Inn
- ✧ **Saturday, March 14** – 9:30 am All Soul Saturday (*Zadušna Subota*) Divine Liturgy & Panachida ^(2nd of 5)
- 11a – 1p** Mystery of Holy Confession offered
- ✧ **Sunday, Mar. 15** – 3 pm Deanery Lenten Mission

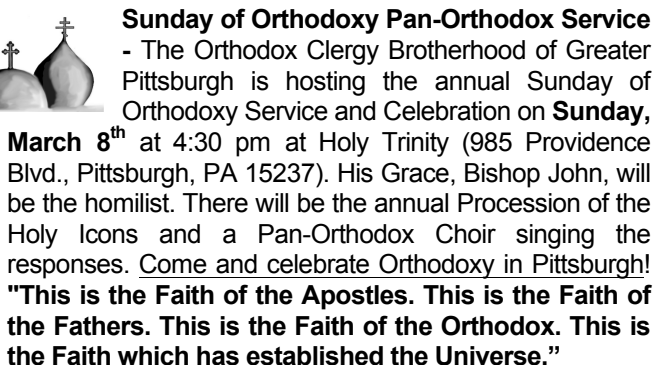
+++ +++ +++ +++ +++ +++ +++ +++ +++

"Compel yourselves; say the Prayer; stop idle talk; close your mouths to criticism; place doors and locks against unnecessary words; time passes and does not come back; and woe to us if time goes by without spiritual profit." +Elder Ephraim of Arizona

+++ +++ +++ +++ +++ +++ +++ +++ +++ +++ +++ +++



+++ +++ +++



+

++ + ++ + ++ +

+

Diocesan Website: www.acrod.org
Camp Nazareth: www.campnazareth.org
FB: www.facebook.com/acroddiocese
Twitter: twitter.com/acrodnews
You Tube: youtube.com/acroddiocese

++++ +++++ +++++ +++++ +++++ +++++ +++++ +++++ +++++ +++++ +++++ +++++

Epistle: 1 Corinthians 8:8-9:2

9 Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? ²If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

++ + ++ + ++ +

³¹ "When the Son of man comes in his glory, and all the angels with him, then he will sit on his glorious throne. ³² Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats. ³³ and

he will place the sheep at his right hand, but the goats at the left. ³⁴ Then the King will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; ³⁵ for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, ³⁶ I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' ³⁷ Then the righteous will answer him, 'Lord, when did we see thee hungry and feed thee, or thirsty and give thee drink? ³⁸ And when did we see thee a stranger and welcome thee, or naked and clothe thee? ³⁹ And when did we see thee sick or in prison and visit thee?' ⁴⁰ And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' ⁴¹ Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; ⁴² for I was hungry and you gave me no food, I was thirsty and you gave me no drink, ⁴³ I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' ⁴⁴ Then they also will answer, 'Lord, when did we see thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to thee?' ⁴⁵ Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' ⁴⁶ And they will go away into eternal punishment, but the righteous into eternal life."



+++ +

LIVES OF THE SAINTS

The PriestMartyr Charalampios, Bishop of Magnezia, the Martyrs Porphyry and Baptos and the Three Martyresses

Commemorated on February 23/10

The PriestMartyr Charalampios, Bishop of Magnezia, the Martyrs Porphyry and Baptos and the Three Martyresses suffered in the year 202.

Saint Charalampios, bishop of the Thessalonian city of Magnezia (northwest region of Greece), successfully spread faith in Christ the Saviour. News about his preaching reached the governor of the district Lucian and the military-commander Lucius. The saint was arrested and brought to trial, where he firmly confessed his faith in Christ and refused to offer sacrifice to idols. Despite the decrepit age of the bishop (he was already 113 years of age), they subjected him to monstrous tortures: they lacerated his body with iron hooks, while they scourged all his skin from head to foot. During this the saint turned to his tormentors: "I bless you, brethren, ye have restored my spirit!"

Having seen the endurance of the elder and his complete lack of malice, two soldiers – Porphyry and Baptos openly confessed Christ, for which they were immediately beheaded with a sword. Being present at the sufferings of bishop Charalampios were likewise three women who began to glorify Christ and were quickly martyred.

The enraged Lucius himself seized hold of the instruments of torture and began to tear at the priest-martyr, but suddenly his hand was cut off as though by a sword. Also arriving at the place of execution the governor spat in the face of the saint, and immediately he bent backwards. Then Lucius began to beseech the saint for forgiveness, and through his prayer both torturers at once received healing. During this a multitude of witnesses came to believe in Christ. Among them also was Lucius, who fell at the feet of the holy elder, begging forgiveness.

Lucian reported about the occurrence to the emperor



Septimus Severus (193-211), situated at this time at Pisidian Antioch (western part of Asia Minor). The emperor gave orders to bring Saint Charlampios to him, and this was done with a stupid ferocity: they dragged the priest-martyr, having tied a rope to his beard. The emperor then gave orders to torture the bishop more intensely, and they began to burn at him with fire. But the Power of God aided to the saint, and he remained unharmed. Besides this, miracles were done through his prayer: he raised up a dead youth, and healed a demoniac tormented by devils for 35 years, so that the people in a multitude began to believe in Christ the Saviour. Even Galina the daughter of the emperor began to believe in Christ, and twice smashed idols in a pagan temple. By order of the emperor they beat the saint with stones about the mouth, and they wanted to set afire his beard, from which the flames went forth burning the torturer. Full of wickedness, Septimus Severus and his dignitary Crispus hurled blasphemy at the Lord, mockingly summoning Him to come down to the earth, and bragging of their own power and might. In wrath the Lord quaked the earth, great fear fell upon all, both the impious ones were suspended in mid-air held by invisible bounds, and only by the prayer of the saint were they put down. The dazed emperor was shaken in his former impiety, but again quickly fell into error and gave orders to torture the saint. And finally, he sentenced him to beheading with a sword. During the time of his final prayer, the saint was vouchsafed to behold the Saviour Himself and besought Him to grant that place where his remains would repose, in peace, would be fruitful for people, bringing forgiveness of sins and salvation. The Lord promised to fulfill the request and ascended to heaven, bearing with Him the soul of the priestmartyr Charalampios – who through the mercy of God accepted a peaceful death before execution. The daughter of the emperor, blessed Galina, buried the body of the martyr with great honour.

+++ +

LIVING ORTHODOXY

SIX ACTION STEPS

For An Intentional And Joyful New Year (Focus on a new beginning)

By Stacey Dorrance from www.filledwithless.com

#1 - Thank God For Our Blessings

#2 - Be Present

#3 - Forgive & Show Mercy

#4 – Simplify & Lighten Up

#5 – Create A Budget

continued from last week...

#6 – FIND BALANCE BETWEEN RELATIONSHIPS AND TASKS

We live in a task-driven society. This can help us lead productive lives, but may leave our friendships and relationships wanting. It can also lead to stress and anxiety. Let's not let tasks dominate our lives.

The same goes with technology. As my nephew says, "Hang up and hang out!"

Social media may give the pretense of connecting us to others, but may also create FOMO (Fear of Missing Out), false comparisons and envy, while eating up vital time from our life. Let's put our close relationships before our 700 Facebook 'friends' and 500 Instagram 'followers.'

IN CLOSING:

Planning our days and implementing these action steps with intentionality, prayerfulness and an eternal perspective will lead to a joyful 2020. And as C.S. Lewis said, "Joy is the serious business of heaven."

"Therefore, if anyone is in Christ, he is a new creation. Old things have passed away; behold, all things have become new." 2 Cor. 5:17

"The Christian engages in this action [prayer], not as a selfish pursuit aimed solely at the benefit of his own person, but because he knows that it is in the genuine asceticism of the heart that authentic Christian mission has its true foundation. Without it [prayer], he scrambles to aid a broken world while broken himself; he tries to offer healing of an ailment of which he suffers most of all."
- Bishop Irenei Steenberg, *The Beginnings of a Life of Prayer* p.51

+++ +

Our Orthodox Church has always seen herself as a hospital for the soul, the place where her children can seek healing. It is within her walls that we find the medicine we need to make us holy (whole), and where we can find the means for transformation that opens the doors to the Kingdom of God. It is within her walls that we gain access to our true inheritance, and enter into communion with God.

Christ is the Great Physician, and established His Church that we might all be healed of the sickness that has separated us from the Father. Nothing in this world offers this promise of healing, and nothing in this world can open the gates to Paradise. Only through Christ's Church can we hope to be saved, and only through His Church can heaven and earth be united as one.

In the Church we find combined in one, a spiritual hospital, a clinic, a hospice, a therapeutic center, and a fitness center, for treatment to provide the spiritual cure, maintain wellness for its patients (faithful members). Is it any wonder, then, that the Church should be the very center of each and every day, taking precedence over everything else, including work, leisure time, and entertainment?

“We unite ourselves to Him, in so far as this is possible, by participating in the godlike virtues and by entering into communion with Him through prayer and worship.” +*St. Gregory Palamas*

*Our Parish Prayer List for Special Intentions and Other Needs **

Your suffering servant name(s).
Through the prayers of the Theotokos,
deliver him/her/them from sickness and
bitter pain. Heal him/her/them so that
he/she/they may sing to You and always
praise You for You alone love us. Amen.



Fr William Bennett (2/28), His-All Holiness
Patriarch Bartholomew I (2/29/40) ...*May
God allow them to grow in peace and love
all the days of their lives and may He
grant them many and blessed years! Na
Mnohaia I Blahaia L'ita!*

For our Catechumens & Inquirers...
Dustin, Stephen, Daniel, Susan ...*through*
the prayers of St. Paul the Apostle, St.
Mary Magdalene, and St. John
Maximovitch.

For those preparing for Marriage... Carly & Kyle,
Ashley & Derek ...*through the prayers of Sts. Adrian &
Natalia and all Holy Martyrs.*

For Pregnant Mothers... Mallory Ann, Caitlinn,
Allison, Pañi Ileana, Faith ...*through the prayers of St*
Anna, the mother of the Virgin Mary, & St Irene
Chrysovalantou.

For those serving in the Armed Forces & Civil Authorities... Thomas R. Dzadovsky, Devin Meegan, and Trevor Meegan ...*through the prayers of St George, the Great-Martyr & Wonderworker.*

For the souls of the newly departed... +Melanie Kurtz (1/25), +Robert Perevuznik, Sr. (1/21) +Father Michael Shuster (1/21), +George Rocknage (1/19)
...May the Lord God grant them blessed repose where there is no pain sorrow or mourning. May their Memory in God be Eternal! Vičnava Pamvat!

* This is to be used for the special intentions of our brothers and sisters in Christ and can be inserted as a prayer itself into our daily prayers. Please let Fr. Dave know if you wish to make additions or subtractions (in the case of answered prayers) to our Parish List. The words of the Gospel are true: **it is good to pray for one another.** Let this be a place where we lay out our concerns and beg the help of our brothers & sisters in Christ. *This prayer list is **NOT** limited to only Orthodox Christians.*

For the Health of... Fr. Jonathan Tobias, Misha, all children battling illnesses, Patricia, Pañi Eleanor, Fr. Michael Rustick, Lexi, Gabriella, Kevin, Daniel, John, Susan, John, Alexandra D., Pañi Marie, Sonja, Anna Mae, Eleanor D., Viola, Juliana, Fredrick, Kenneth, Michael, Roberta, Lino, June ...*through the prayers of St. Nectarios the Wonderworker; St. Luke, the Surgeon; and St. Panteleimon, the Healer.*

For the Special Intentions of... Metropolitan Gregory, Stephen, David, Anastasia, Nicholas, Cassandra, Alexander, Nancy, Andrea, Jason, Tyrone, Sarah, Ameer, Joshua, John, Kathryn, Rose, Charles, Justin *our seminarians:* Thomas, John, Daniel and Dylan *and our Church Council, Curators, and Relocation Committee:* Matthew, Lawrence, Timothy, Theresa, Rich, Gina, Robert, Jane, Anthony, Mary Jane, Steven, Kenneth, Jillian, John, Wendy, John, Margaret, John, John, Todd *and for those who labor towards our Community Outreach,* St. Cyril of the White Lake Food Pantry ...*through the prayers of St. Nicholas the Wonderworker; St. John the Baptist; the Archangels Michael & Gabriel; and the Theotokos and Ever-Virgin Mary.*

Patronal Feast Days (Name's Day):
(contact Fr. Dave with your Patron Saint)

Birthday Prayers for... Fr Stephen Krivonak (2/23),



Open to me the doors of repentance, O Life-Giver;
for my spirit hastens early towards Your holy temple, bearing the temple of my body all defiled;
but in Your compassion purify me by Your gracious mercy. Amen.